



EAST MISSISSIPPI STATE HOSPITAL EASTERN EXPOSURE

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EAST MISSISSIPPI STATE HOSPITAL: 125 YEARS AND COUNTING

October 23, 2007 was the highlight of a year-long Quasquicentennial celebration for East Mississippi State Hospital. Even light rain drizzles did not deter the community, area legislators, city, county, and state political leaders, MDMH staff from throughout the state, former EMSH employees, current staff, FRIENDS' members, and individuals receiving services from enjoying the day's observance of remembering the past, savoring the present, and looking forward to the future of preserving, protecting, and pursuing treatment for the healing of mind, body, and soul here at our facility.

A full agenda of activities began with the EMSH Color Guard posting the colors in front of the Administration Building. Charles Carlisle, EMSH Director, welcomed guests and introduced program participants which included Ann Glazar, IDP Director, Charles Pittman from Governor Haley Barbour's office, Senator Videt Carmichael of the Mississippi Senate, Dr. George Thomas, Meridian City Councilman, Chris Barnes, BASAC Director, Ed LeGrand, Executive Director of the Mississippi Department of Mental Health, Rick Barry, MDMH Board Member, and Rev. Patricia Carter of EMSH's Pastoral Services Department. Proclamations from the Governor's office, Lt. Governor's office and the city of Meridian were read and presented to the hospital by Mr. Pittman, Senator Carmichael, and Dr. Thomas. Special presentations were made to Gerald Crawford, longest serving employee (43 years,) Ruth Wilson, oldest known retired employee (who celebrated her 90th birthday on October 23rd,) and Ann Kimbriel, (43 year employee and 17 year EMSH friends treasurer) for faithful service. A time capsule with mementos from the day's activities was shown to all and then sealed for future observances.

Closing out the ceremony was a prayer of rededication to the mission at hand--- providing a continuum of behavioral health and long term care services for adults and adolescents in a caring, compassionate environment in which ethical principles guide decision making and resources are used responsibly and creatively. Guests then enjoyed refreshments and tours of the 125th Anniversary museum which opened for this special occasion. Souvenir items included fans, magnets, steins, and commemorative history books authored by Betty Moffett Stamm.



Members of the EMSH color guard present the flags before the 125th Anniversary celebration as staff, visitors and guests look on.

Contributed by: Susie Broadhead, Public Relations Director

"At EMSH, I have been able to be a part of something greater than myself and I've been able to serve others".
-Ann Glazar, 125th Anniversary Celebration

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A MESSAGE FROM THE DIRECTOR...

Change is a word that can seem scary, but over the years EMSH has learned to handle change and what it brings. Recently, the MDMH met with Bureau and Facility Directors to work on changes that would be more cost effective at the pump. 12 hour shifts, for nurses and direct care staff, was a key item on the agenda. 12 hour shifts would allow for every other weekend off and that weekend would consist of three days thus permitting employees more time for themselves while maintaining their income level. BASAC went to 12 hour nurse shifts four years ago and it has been very beneficial. We have increased coverage and cut out overtime. I am very proud of the work that they do. Their shift scheduling will soon extend to direct care staff and will serve as a pilot for 12 hour shifts to be implemented throughout our facility.

Another change in progress is "EMSH---Working to Be Tobacco Free." As of August 1, we became a tobacco free facility for employees, vendors and guests. Partnering with University Medical Center's ACT Center, we are offering tobacco cessation classes for employees and registering staff to attend tobacco treatment sessions this fall. This is the first step to becoming tobacco free by the first of the year.

Some changes we have experienced in the last year have brought about a sense of loss. No department has felt it more than Psychology. Dr. Tom Elliott retired in January after twenty years of continuous service to EMSH and Dr. Sharon K. Eads recently passed away. Both will be missed, but yet will be remembered for their outstanding contributions here.

Since the last issue of Eastern Exposure, we have celebrated our 125th Anniversary, acquired new property and moved existing services, transitioned employees, welcomed new faces, and said good-bye to long-time friends and co-workers. We have endured facility renovations, department moves and the implementation of new policies and procedures. Even this publication reflects change. After almost two decades of faithful service in Public Information, Betty Moffett Stamm was named Grants Administrator last October. Susie Broadhead succeeded Betty as Public Relations Director. Susie and her staff continue to implement timeless and new traditions here at EMSH. With this edition of Eastern Exposure, public information reintroduces a quarterly publication that records our history. Thanks for all you do to be a part of that history.

Charles Carlisle, EMSH Director

IDP DIRECTOR WINS COVETED ASKEW AWARD

East Mississippi State Hospital's Director of Interdisciplinary Programs, Ann Glazar, was recently selected as the 2007 Mississippi recipient of the George C. Askew Award for a work-related project required for completion of the Certified Public Managers Program, which is administered under the authority of the Mississippi State Personnel Board.



The Certified Public Managers Program, or CPM, is based on the theory that the study of management can have an impact on the skills, attitudes and behaviors that lead to successful management. CPM participants are commonly referred to as professionals, rather than academics. Candidates for the program must be employed by a government agency, function in a supervisory or managerial role and have the support of their supervisors or agency directors. Participants must successfully complete six week-long training sessions, two book reports, two work-related projects, and more than seventy additional hours of approved elective training courses.

Glazar, an EMSH Employee for over thirty years, is a December 2007 Certified Public Manager graduate. She holds a bachelor's degree in English from Mississippi University for Women and masters' degrees in both Education and Social Work from the University of Southern Mississippi. She also serves as an adjunct professor for the Social Work Program at Mississippi State University-Meridian. Glazar's final CPM project, titled "Policy Management Review," established processes that ensure timely distribution of agency operating policies and timely employee training. The project also focused on the assumption that if employees are well informed and trained in agency policies, they will perform their duties more effectively. According to Glazar, both work-related projects were designed to improve agency communication, strengthen employee training and improve accountability for service delivery.

"It is an honor to be chosen as the Mississippi recipient of the Askew Award. Through the CPM program I had the opportunity to work with a group of professional and dedicated employees from many of the agencies in state government. I am so grateful to the administration of EMSH for having given me this opportunity to grow professionally. I am proud to be a state employee and appreciate the opportunity to have participated in the CPM Program," Glazar said.

IN CASE YOU MISSED IT...



RELAY FOR LIFE



RPW SANTA PARTY



BANK DAY



RECREATION LUAU 2008



CINCO DE MAYO



VOLUNTEERS RECEPTION



MCC HEALTH FAIR 2008



RPWNF ARTS FAIR



THE MAIN EVENT 2008



BASAC OPEN HOUSE



BLOOD DRIVES

EMPLOYEE ANNIVERSARIES

APRIL 2007 – DECEMBER 2007

5 Years

Luis Alonso, Patricia Alonso, Dennis Barnes, Mary Betts, Melanye Boston, Teresa Boyd, Bettye Broaden, Beverly Burrage, Judith Cattell, Felicia Chamberlin, Ophelia Clay, Carlos Colucci, Maria Espino, Deborah Ferrill, David Gordon, Jerry Gordon, Willie Grace, Denise Hawkins, Charlotte Hodges, Gracie Hogan, Jerry Ivy, Jamie Jackson, Angela Jordan, JoAnn Knight, Rebecca Ledbetter, Erica Lewis, Elpidio Mallare, Rosario Mallare, Bobby Mosley, Precious Myers, Judge Newell, Prentella Office, Rebecca Ricks, Mitzi Roberts, Brenda Shoemaker, Cheryl Smith, Kimberly Stapleton, Mary Stewart, Andy Thomas, Cesa Thompson, Debbie Thurman, Shirley Walker, Regina Wallace, Joseph Watson, Peggy Westerfield, Timothy Wiley, Gail Wright.

10 Years

Morris Blanks, Gloria Cole, Barbara Coleman, Ben Davidson, Glenda Davis, Catherine Gillispie, Nathan Griggs, Ricky Hall, Larry Hooker, Salitha Johnson, Kelvin Jones, Larry McKnight, Theresa Miller, Patricia Mitchell, Pacifico Ongkingo, Vickie Pickens, Jeanette Pollard, Betty Price, Valarie Scott, Claudia Smith, Joan Speed, Danny West, Jeanette Windham, Evelyn Wooten

15 Years

Bobbie Joyce Adams, Janie Delois Allen, Michael Amerson, Orie Bebley, Gwendolyn Boyd, Lindbergh Burton, Otis Douglas Coleman, Clinton Davis, Wonda Fox, Charlie Hood, William Hopson, Bertha Ann Jimison, Dessie Jones, Rolfeleen May, Miquell McGlothin, Reba Rutledge, Diane Ruth Scott, Joselito Villacorta, Kevin Walker, Larry Wilson

20 Years

Linda Brown, Albertha Clayton, Cynthia Dalton, Thomas Neal Elliot, Ph.D., Janice Floyd, Emma Jean Grace, John Grace, Willie Hardy, Elizabeth Hines, Alan Howse, Georgia Jones, Remedios Maristella, Betty McGowan, Dianne Mitchell, Diane Nobles, Geraldine Rutledge, Jeffrey Spears, Edna Stone, Renee Swearingen, Theresa Ward, Charles White

25 Years

Diane Hill, Betty King, Ginless McNeal, Rachael Scarbrough

30 Years

Sadie Mae Campbell, Janet Kendall, Howard Sims, Willa Thames

35 Years

Catherine Knox

**THANK YOU FOR YOUR CONTINUED SERVICE
TO THE EMSH FAMILY!**

Note: These employees were honored in January at EMSH's annual service pin ceremony

WORDS OF WISDOM...

It is not the strongest of the species that survives, nor the most intelligent, but the one most responsive to change.

~ CHARLES DARWIN

IN MEMORIAM

SHARON K. EADS

MAY 20, 1945 - JULY 24, 2008



Recently, EMSH lost a colleague and dear friend in Dr. Sharon Eads. Eads, a native of Oklahoma, earned a B.S. in Education and a J.D. in Law from the University of Oklahoma. After an eight year stint as a lawyer for American Indians, Eads decided to follow her passion of working one on one with clients to find solutions within themselves that worked in their lives. With this she found herself back in school at Northwestern University Medical Center in Chicago, Ill. earning her Ph.D. in Clinical Psychology.

In 1989, Eads came to Mississippi to visit a friend, toured East Mississippi State Hospital and never left. She began her career at EMSH as Program Director for Adult Acute Receiving Services and quickly moved up the ranks to Adolescent Services Director and finally Psychology Director. Dr. Eads also served as an adjunct faculty member at MSU-Meridian, teaching various undergraduate and graduate level courses.

Current Acting Director of Psychology Dr. James Shumate thought fondly of Eads saying, "Dr. Eads was the toughest, most caring---legalist, compassionate person I have ever known in my life. I miss her and always will."

Note: A memorial service for Eads was held in the EMSH Chapel on August 14, 2008.

MDMH HONORS SCARBROUGH AND BARNES WITH "FOCUS" DIPLOMAS.

EMSH's Director of Quality Assurance Rachael Scarbrough and Chris Barnes, Director of the Bradley A. Sanders Adolescent Complex recently graduated from the Mississippi Department of Mental Health's (MDMH) "Focus" Program, an accelerated leadership program designed to help employees develop the skills necessary to step into higher management positions in their particular field.

Scarbrough, an EMSH employee for 25 years, and Barnes, an employee for 24 years, are charter members of the program and were partly responsible for coming up with the name of the program, the logo and the mission statement which declares "Dedicated to enhancing the knowledge and skills of Mississippi's future leaders today."

"Focus" lasts 12-18 months and involves four multi-day retreats that include management workshops, a mentor/mentee program and a technical section that focuses on fiscal management, human resource management and regulatory oversight to name a few.

Focus is one of the most exciting projects our agency has been involved with," said Ed LeGrand, MDMH Executive Director. "This groundbreaking initiative is helping to strengthen our employees and build upon their talents. MDMH's mission is to support a better tomorrow today and this is one of our efforts to prepare the leaders of tomorrow."



ABOVE TOP: MDMH Director Ed LeGrand, Scarbrough and Ann Thames, MDMH Director of Workforce Development & Training. **ABOVE BOTTOM:** LeGrand, Barnes and Thames.

2007 RETIREES HONORED

EMSH recently hosted a reception to honor the special retirees whose years of service to the hospital ended in the past year. The reception, which celebrated over 319 years of accumulated service by fifteen employees, was held in the EMSH Recreation Hall and featured catering by the EMSH Dietary department and decorations organized by numerous employees of the hospital. All of the honored guests were presented with a plaque of recognition and a potted caladium that was donated by Van Zyverden Blooms and grown by individuals receiving services at EMSH under the supervision of Glenda Slay.

After an invocation from LePatrick Hartwell and a welcome by EMSH Director Charles Carlisle, several employees took to the podium to share memories of their fellow co-workers. Using words such as "bitter sweet" and "a great loss of experience", each speaker was grateful for the opportunity to work with such dedicated individuals.

Alberta Knighton, Rebecca Tomerlin and Elizabeth Smith were three of the fifteen employees who were honored at this year's reception. JoAnn Knight, Dietary Director praised retiree Alberta Knighton for her dedication and rare work ethic. "Mrs. Alberta drove sixty-four miles to work everyday and was never late, always on time." Mrs. Knighton served a total of 28 years in the East Mississippi Dietary department. Some of her favorite memories of the job are all of the wonderful people she has worked with and she will miss them very much.

Mrs. Rebecca Tomerlin is retiring after 25 years with the hospital. Tomerlin worked at two previous medical facilities before following her love of the psychiatric field to EMSH and eventually becoming an RN for the hospital. One thing that Tomerlin says she will miss most about working at the hospital is the family-like bond that you gain with the patients and co-workers. Elizabeth Smith retired from the nursing home sector after 25 years of work at East Mississippi. Like many of the other retirees, Smith says that she will miss the love that she received from all of her residents and the love she shared with them in turn.

Other retirees honored were: Felicitas Balao- eleven years, eight months; Annie Peal Carter- twenty-nine years, four months; George T. Case- nineteen years, six months; Katherine A. Chisolm- fourteen years, three months; Michael Irvin Couch- twenty-three years, one month; Sharon K. Eads- eighteen years, six months; Thomas Neal Elliott- twenty years, two months; Joyce Hom- twenty-nine years, nine months; Norman Brent Jackson- twenty-nine years, two months; Catherine Knox- thirty-five years, one month; Joseph C. Scarbrough- seventeen years, eleven months; Edna M. Stone- twenty years, six months.

"The retirees we honored today are valued building blocks of our hospital and it will be difficult to replace them," said Director Carlisle. "They will be sorely missed here at EMSH."



ABOVE: Retirees Elizabeth Smith, Alberta Knighton and Rebecca Tomerlin hold retiree plaques given to them by EMSH.

Contributed by: Jamey Sharman, EMSH Student Volunteer

2ND ANNUAL MERIDIAN OPEN CLASSIC

The 2nd Annual Meridian Open Classic was held May 2, 2008 at Ponta Creek Golf Course on the Naval Air Station grounds. This year's classic was a huge success raising over \$7,000 for the EMSH Friends Organization. We would like to congratulate all of this year's winners and thank Citizens National Bank, Meridian Cycles, Mitchell Distributing, Nelson Hall, Rush Health Systems, Sam's Club and our 56 hole/teams for sponsoring the 2008 tournament. We look forward to seeing everyone next year. Here are a few of our favorite photos from this year's event.



ABOVE: Leslie McClinton and Matar take home a goodie basket to eat!



ABOVE: Wanda Kennedy readies a future participant in the Meridian Open Classic.



ABOVE: 2008 Meridian Open champions Bobby Nicholson, Jason McKnight and Larry McKnight.



LEFT: Participants had a chance to win a car courtesy of Nelson Hall Chevrolet/Cadillac.



Phil Jenkins takes a shot at the hole in one prize.



Yogi Atkins and Oya Staten have a pretty easy job!



ABOVE: EMSH Volunteers sign in players at the Welcome Tent.



ABOVE: Ponta Creek golf pro Dave Atkins tallies up the score.

RIGHT: Geri Rutledge shows her form.

EXPERIENCE AT EMSH PROVES USEFUL FOR SUMMER INTERNS

Summer, for many high school and college students, is a time to cut loose from the chains that most would call a classroom. Although for a select few, Summer is a time to build upon the skills that they have learned in the classroom to ensure job success in the future. 2007 EMSH summer intern Ronald Dallas is no exception.

After earning his M.S. in Psychology from Mississippi State University, Ronald is now a Research Specialist with Air force III Project on Lackland Air Force Base in San Antonio, TX. The project, which is a collaborative effort between the University of Tennessee, University of Minnesota and the United States Air Force, focuses on reducing the rates of smoking and tobacco use in the military. Given the negative health consequences and the impact on physical fitness and readiness, the Department of Defense has identified the reduction of tobacco use as a priority for improving the health of U.S. military forces worldwide. The study is designed to assess the efficiency of smoking interventions among a military population. The smoking cessation research to date has been the largest conducted on military personnel and has resulted in significant smoking and tobacco use reduction.

Dallas credits much of his recent success to interning at EMSH. "During my time at EMSH, I was able to learn valuable tools that better prepared me to work in a research setting. As a psychology intern I was trained to conduct interviews with clients as well as establishing rapport with them. I also learned valuable treatment skills that contributed to my overall growth as a graduate student. through my experiences at the hospital, I was able to build on my educational training that is needed to accurately assess someone's psychological well-being. Under the guidance of Dr. Sharon Eads, I was also able to establish my therapeutic process that has transitioned into my research here with the military."

BASAC: STILL GOING STRONG

The Bradley A. Sanders Adolescent Complex has had an exciting and fun filled summer for individuals receiving care and staff.

In the past few months, BASAC has participated in both educational and sports oriented programs. Eleven individuals receiving services have passed the GED since January and one participated in graduation ceremonies sponsored by Meridian Community College in July. IRS's have also been taking trips to the Career Center on the MCC campus and have participated in "Welcome to the Real World", a career exploration, decision making and money management program sponsored by the Mississippi State University Extension Service.

While there have been many educational opportunities, BASAC has also participated in an abundance of athletic activities as well. Two individuals receiving services participated in the State Games of Mississippi bowling events and earned 1st and 2nd place medals. IRS's also attended the Steve McNair Football Camp at the University of Southern Mississippi in July and the New Orleans Saints' training camp open practice at Millsaps College.

Four BASAC employees had the opportunity to attend the Youth Suicide Prevention workshop in August at MS E-Center on the campus of Jackson State. A new addition to BASAC has been the new employee parking lot that opened in July. The parking lot has made it easier for employees to get to their respective destinations in a timely fashion.

EMSH would like to thank all of the 2008 summer workers for their hard work and dedication to EMSH IRS's and staff. We wish you the best of luck in all your endeavors.



ABOVE: Summer workers are congratulated by EMSH Assistant Director Larry McKnight.

***LAUREN HORNE - PSYCHOLOGY**
***KELLY NELSON - NURSING SERVICES**
***JENNIFER ROBERTS - PROFESSIONAL DEV. & QA**
***CARMEN SPEED - BASAC**
***RAVEN WILLIAMS - MDS, RPWNF**
***ADAM HAWKINS - MAINTENANCE, RPWNF**
***JQUANDRA HICKMAN - ACTIVITIES, RPWNF**
***DAMARIO POPE - MAINTENANCE, BASAC**
***BROCK SEALE - MAINTENANCE, BASAC**
***MERRITT BARRY - PUBLIC INFORMATION**
***EARON CANNON - PUBLIC INFORMATION**
***REID KENNEDY - BUSINESS SERVICES & MAINTENANCE**



FRIENDSHIP CENTER EXPANDS OUTREACH SERVICES

More than 300 people attended a March 6, 2008 ribbon cutting and open house for the relocation of EMSH's Friendship Center. Now located at 5701 North Hills Street, Friendship Center continues to serve individuals from the hospital's group homes, as well as the homeless who seek refuge at the local Salvation Army and South Harbor Shelter in Meridian. Friendship Center provides a variety of programs to meet the emotional, educational, and physical well-being of adults living in group homes, homeless shelters and in the community. Day treatment services include: group therapy, daily living skills, socialization skills, nutrition, exercise and recreational activities, and transportation. Educational opportunities such as GED/literacy classes and health and nutrition education are offered daily.

Christine Brown, Friendship Center Director, believes that the new location will give staff the ability to expand services through more collaboration with community agencies and East Mississippi State Hospital. Prime examples have been the now completed Tobacco Free program and ongoing partnerships with United Way and Meridian Community College.



LEFT: Joining Christine Brown, Friendship Center Director, Larry McKnight, EMSH Assistant Director and CAO, Melanie Howard, EMSH Director of Community Services/Residential Division, Diana Mikula, MDMH Director, Bureau of Mental Health, and Henry Daum, Director of the Mental Health Association in Lauderdale County, at the ribbon cutting were city and county officials, United Way staff and volunteers, ambassadors and officers of the East Mississippi Business Development Corporation, and members of Community Seventh/Day Adventist Church, former owners of the Friendship Center Property.



R.P.W.N.F. HONE ARTISTIC SKILLS

Two residents from the R.P. White Nursing Facility have received honorable mentions in a statewide art contest and will have their work published in an upcoming calendar.

Earlier this year, the Mississippi Health Care Foundation sought art entries from long-term care residents across the state in any medium. From the entries, twelve were selected to be displayed on a calendar month. Included in the calendar will be a special page for honorable mention winners.

One resident from the Reginald P. White building entered a painting of a flower. A resident from the James T. Champion building entered a water-color picture. The honorable mentions will be published inside the calendar along with a photo of the resident. The Mississippi Health Care Foundation distributes the calendar statewide and uses the contest to recognize the artists in residence who live in its member facility. Also, the winners' work will be displayed at the statewide convention in September at the Mississippi Trade Mart in Jackson.

R. P. White Nursing Facility also participated in the Mississippi Arts Fair for the Handicapped, in Hattiesburg, on August 19, 2008. The choir performed, "There's No Business Like Show Business", and the hand bell choir performed, "Give My Regards to Broadway". Several residents also sent artwork to be judged in the art competition. Overall residents from RPWNF collected five 1st place, eight 2nd place, ten 3rd place and 24 Honorable Mention awards. Ms. Bernice Griffin was our most decorated resident, receiving three 1st, four 2nd and one 3rd place awards.

R. P. White Nursing Facility has a very active creative arts program. Residents participate in arts and crafts, art group, choir, hand bells, writing group and dance movement therapy. Some residents have used their talents in these areas to reach out to the community.

FRIENDSHIP CENTER HOSTS TOBACCO PREVENTION PROGRAM

East Mississippi State Hospital partnered with Friendship Center, the hospital's community outreach program, to present a three-month long tobacco prevention program for homeless/potentially homeless individuals. The comprehensive program, which ran from April through June 2008, consisted of tri-weekly educational sessions held at the Friendship Center and focused on the positive effects of remaining tobacco free. Group home residents and individuals from local shelters and personal care homes participated in the sessions.



Members of the ESMH Dental Team, Beverly Bowan, Tiffany Minchew and Aleda Lewis get into the spirit with an anti-tobacco cheer.

Program activities included educational and motivational speakers, smoking cessation classes, oral cancer screening, smoking prevention games and educational videos. Topics presented included the harmful effects of tobacco, dangers of smokeless tobacco and secondhand smoke, women's health issues related to tobacco use, men's health issues related to tobacco use, addiction and the family, psychology of addiction, etc. Professionals from ESMH as well as the community presented information. The program concluded with a luncheon at the Friendship Center on June 27 recognizing all presenters and participants. Twenty-two presenters and 106 participants received certificates.

EMSH collaborated with several community agencies to offer the program, including the American Cancer Society, Meridian Community College's Dental Assistants Program, Riley Hospital's Tobacco Cessation Program, Jeff Anderson Regional Medical Center's Cancer Center and Alpha

Kappa Sorority, Inc. Omicron Beta Omega Chapter. These organizations offered support by providing speakers, educational literature, smoking cessation classes, presentations, technical assistance, and facilitating registration and program evaluations.

Other community agencies also supported the program. The Salvation Army, Multi-County Community Services Agency and local personal care

homes provided access to training and/or tobacco related educational material for individuals at their facilities.

The tobacco prevention program was made possible through a grant from the Mississippi State Department of Health, Office of Preventive Health, Community Tobacco Control. Dr. Rosalyn Gambrell, ESMH Dental Services Director and Project Coordinator said that she was pleased with the outcome. "We received positive feedback through evaluations at the conclusion of the program and encouraging words from many of the individuals attending the sessions and activities. An average of 85 individuals attended each educational session," she said. "I appreciate the assistance of all our partners in presenting the program. I especially appreciate the support of ESMH administration and staff, Friendship Center staff, Grants Administration staff and my staff in the Dental Department for all their efforts in making the program a success."

*Submitted by: Betty Moffett Stamm
Grants Administrator*

United Way



Hospital participation in the 2008 United Way campaign increased 125% over 2007. In a two week period of time, \$5134.20 was pledged to underwrite the work of 17 area United Way agencies, including ESMH's Friendship Center. Several on campus fundraisers contributed to the overall total given. JoAnn's pies, Willa Faye's chicken salad, Dietary's taco salad, and roses by Glenda Slay were an easy sell to those who immediately knew a good deal when publicity came out! With the profits

from the fundraisers, ESMH made a \$500 endowment contribution to the United Way. Of the seventeen agencies served, ESMH was the only one to contribute to the endowment that will eventually provide payment of the local chapter's Administrative costs. The Riley Foundation matched our endowment gift. In addition, campaign profits were used to purchase a new "used" piano for Friendship Center, a relocation gift from ESMH co-workers. Many thanks to Bill Beard for tuning the piano up to standard pitch!

Welcome Changes For Community Services



Recent changes in EMSH Community Services Residential Living have been tremendous. While providing individuals from EMSH with the holistic assistance needed to develop the independent living skills necessary to function on their own in the community, our interdisciplinary staff works as a team to coordinate and implement individualized plans of care for fostering and strengthening each individual's abilities. One way this is being accomplished is through the expansion of existing programming and increased community involvement.

A primary goal of CSRL has been to acquire improved living facilities for the individuals we currently serve and additional space for those awaiting transfer. Within the last year, new group homes have been opened in Kemper, Lauderdale, and Clarke counties, making a total of nine homes with plans for others in the near future. In the fall of 2007, our offices were relocated to 5800 North Hills Street. The hospital's acquisition of the Community Seventh Day Adventist Church property allowed us to move into a beautiful, larger, and more modern facility that not only serves as office and counseling space, but an inclusive building to host activities for those in our care and for hospital events such as recognition luncheons.

These innovative changes have been welcomed by CSRL individuals and our dedicated staff throughout the three counties we serve. It is our desire to meet our individuals where they are and move them forward to where they want to be.

Submitted by: Melanie Howard, Community Services Director

CONGRATULATIONS TO...

- **Jerry Hooks, Wayne Litton and Betty Stamm** on receiving Certificates in Supervisory Management. Stamm also received a model project rating in the program.
- **Maria Britt, Yolanda Atkins and Shelia Newbaker** on recently being selected by the MDMH to participate in the Accelerated Leadership Development "Focus" Program.
- **Edna Fletcher** on being named B.A.S.A.C. Employee of the Month for July.
- **Lee Smith** (Dietary) and **Arlene Edwards** (Nursing Services) on being selected Employee of the Quarter for EMSH.
- Psychology Assoc. **Hollis Hall** on being selected as the Public Service Counselor of the Year by the Mississippi Counseling Association and the Mississippi Licensed Professional Counselor Association.. Hall was also recognized by Mayor Johnny Dupree with the Mayor's heritage Award for Outstanding Community Service in February 2008 at the Hattiesburg City Council Meeting.

HATS OFF!

When Public Information sent out an e-mail to recruit committee members for this year's Relay For Life (RFL) Team, Pam Grayson, CDU Administrative Assistant, replied, "I can help out some. Just let me know what you need me to do." Was Pam ever shocked when Mr. Carlisle appointed her as chairman of the committee. Smart move, Mr. C! Pam led EMSH's efforts all the way to the bank. Prior to the actual RFL event, off campus food fundraisers, an advertised employee garage sale at Friendship Center, on-campus T-shirt, lanyard and badge holder sales and the most meaningful of fundraisers---the purchase of suns and moons in honor or in memory of those who have battled or are battling cancer raised \$3502.35 for the American Cancer Society. On the night of RFL, even though our team was camouflaged, we could easily be seen as our Grub menu was one of the event's most popular venues taking Honorable Mention. Hats off to Dietary and thanks to all who supported RFL!

WORDS OF WISDOM...

Few will have the greatness to bend history itself; but each of us can work to change a small portion of events, and in the total of all those acts will be written in the history of this generation. ~ ROBERT F. KENNEDY



I hope this summer has been going well and you have survived the heat. The Friends Organization wants to express our appreciation for your participation in the recent sale events. With your participation we will be able to continue our work for employees and patients.

I want to welcome two new members to our Board. Bob Glazar succeeded Charlie Smith as one of our community representatives and Teresa Green succeeded Bob Smith as an employee representative. Our Board appreciates their willingness to serve and looks forward to working with both of them.

We have recently granted several people scholarships and some have even obtained their degrees with assistance from the Friends scholarship program. If you wish to participate you may contact Betty Stamm for an application. We are still looking for projects we can sponsor to further our work among employees and patients. We accept any recommendations and ideas you may have. One of the best ways you can help us is to encourage your co-workers to join Friends. We need more participation from our employees. Remember the best way to help a friend is to be a Friend.

Our next major fundraisers are the book fair in September and the gold sale in November. Start planning what you may want to get for yourself or that special someone for Christmas. Yes, it's hard to think that another Christmas and New Year are fast approaching, but first we have Thanksgiving when we express our thanks to God for all that we have. Remember everything, even the air that we breathe comes from Him. I imagine that the air is much cleaner since the smoking ban has recently gone into effect on campus. Friends Organization was pleased to assist in this effort by providing candy for all smokers during this transition.

I look forward to continue serving as your president, and remember that one of life's greatest blessings is Friendship.

Thankfully yours,
Everette Kimbriel, President
EMSH Friends Organization

CRAWFORD ENDS HIS TENURE AT EMSH



EMSH employee Gerald Crawford has decided to hang up his hat and retire from EMSH after 42 years of continuous service. Crawford, who began his career with EMSH July 5, 1965 at the age of 21, drove from Decatur to Meridian and back for 42 years and 3 months.....always to work 3rd shift. Among his duties Crawford served as a boiler room attendant in the Maintenance department, a general service employee in Continuing Care, psychiatric aide in Continuing Care, Clearing House and Intermediate Care, where he has worked since June 2005. In his spare time, Mr. Crawford follows 3 high school football teams---The MHS Wildcats, Lamar Raiders, and the Newton County Cougars. He likes to hunt and fish, and help out with his family. He lives with his mother and his son. Mr. Crawford will be remembered as a dedicated worker who just tried to get along with all and help patients get to where they needed to be. Whenever we see him again, you can bet that he'll be wearing a checked flannel shirt!

"It isn't so much that hard times are coming; the change observed is mostly soft times going."

-Groucho Marx



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Eastern Exposure is a publication for employees and individuals interested in mental health and East Mississippi State Hospital. For information regarding this issue contact the Office of Public Information at 601-481-2597.

AT A GLANCE

SEPTEMBER

17 CDU Conference MSU-Meridian

24 UMC Act Center TCT

OCTOBER

1 Employee Health Fair & Blood Drive

2 Mind Matters Health Fair: MSU-Meridian

7,14,21,28 Circle Of Friends:

St. John M.B. Church

13-17 Diversity Week

15 MDMH Director's Meeting:

Friendship Center

16 MDMH Board Meeting:

Friendship Center

22 MS Anti-Stigma Mtg.- MSH

30 BASAC Fall Festival

31 Halloween

NOVEMBER

4,11,18,25 Circle of Friends

Jones Memorial Presbyterian

5-7 MH/MR Conference

Silver Star - Philadelphia, MS

13 EMSH Retirement Reception

20 Great American Smokeout

27 Thanksgiving

DECEMBER

4 EMSH Holiday Parade

6 Meridian Holiday Parade

25 Christmas

31 New Year's Eve

3, 10, 17, 24, 31 Circle of Friends, Greater
Calvary Baptist Church

**PLEASE VISIT OUR WEBSITE FOR UPDATES ON EMSH
EVENTS, NEWS AND HAPPENINGS AT
www.emsh.state.ms.us**